



Presence Retreat

October 12th—17th, 2012

Batavia, NY

What we are looking for is what is looking.
~ St. Francis of Assisi

Heartwork is a process of letting go with awareness into the truth of one's Being-in-the-moment. Presence is the state of awareness we naturally open into when we have let go of all our grasping, pushing away, fighting, and running from what is real in the moment. It is a state of deep peace and profound joy.

In this retreat, we will allow ourselves to go deeper and deeper into Presence. We will explore the barriers that prevent us from accessing and living in Presence in our everyday lives. By becoming conscious of these barriers, we more easily move through them.

The Presence Retreat is facilitated by Dale Goldstein, LCSW, Director of the Heartwork Institute in Rochester, NY. Dale is a licensed psychotherapist who has been actively exploring, since 1966, the uses of meditative, healing, and psychotherapeutic tools in the process of opening the heart/mind - primarily through Zen, work with Toni Packer, and, since 2000, the Diamond Approach. Dale is the author of "Heartwork: How To Get What You Really, REALLY Want," available on our website at www.awakentheheart.org. The Presence Retreat is residential and will be held at the lovely Chapin Mills retreat center in Batavia, NY, starting at 7:00 pm on Thursday, October 12th and ending at 1:00 pm on Wednesday, October 17th.



TUITION FEES:

- \$1250 if received by the early registration date (September 1, 2012); \$1350 if received after September 1, 2012.
- A repeater's discount of 25% is offered to those who have done a previous Presence Retreat.
- Couples (2 people in an ongoing, committed relationship) can receive \$200 off the second person's tuition.
- Discounts for referrals – 25% discount for each participant enrolled up to the full fee of the enroller (not including food and lodging).
- Discount will be figured on the lesser of the 2 fees.
- Only one discount/credit per person/couple with the exception of referrals, which can be used up to the full fee of the enroller (not including food and lodging).
- Food and lodging fees are \$100 per day.
- Scholarship funds and work-study opportunities are currently available for those who qualify. Request an application if you are interested in applying. Funds are distributed on a first come, first served basis while funding is available.

REGISTRATION POLICIES:

Registration is limited, and participants are accepted on a first-come, first-served basis. If we cancel the event or determine that it is not appropriate for you, your deposit will be refunded in full. If you cancel prior to the early registration date, September 1, 2012, we will refund your deposit, less a \$50 administrative fee. If you cancel after the early registration date, your deposit can be transferred to a future event.

To hold a place for yourself, please send your contact information and a deposit of 50% to the address below.